# Minority Fellowship Program New Fellows Orientation Webinar

Substance Abuse and Mental Health Services Administration U.S. Department of Health and Human Services

Minority Fellowship Program Training Webinar • November 18, 2020





# Welcome New MFP Fellows

Anita Everett, Ph.D. Director Center for Mental Health Services (CMHS) Substance Abuse and Mental Health Services Administration

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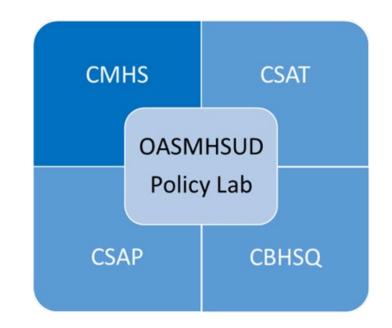


- About SAMHSA
- Mental and Substance Use Disorders in America
- Public Policy Stream
- Current SAMHSA Priorities



- One of several agencies in the HHS family of agencies
  - Others: CMS, FDA, NIH, HRSA
- Fund programs through block grants, grants and contracts, cooperative agreements
- Mental health and substance use
- General organization:

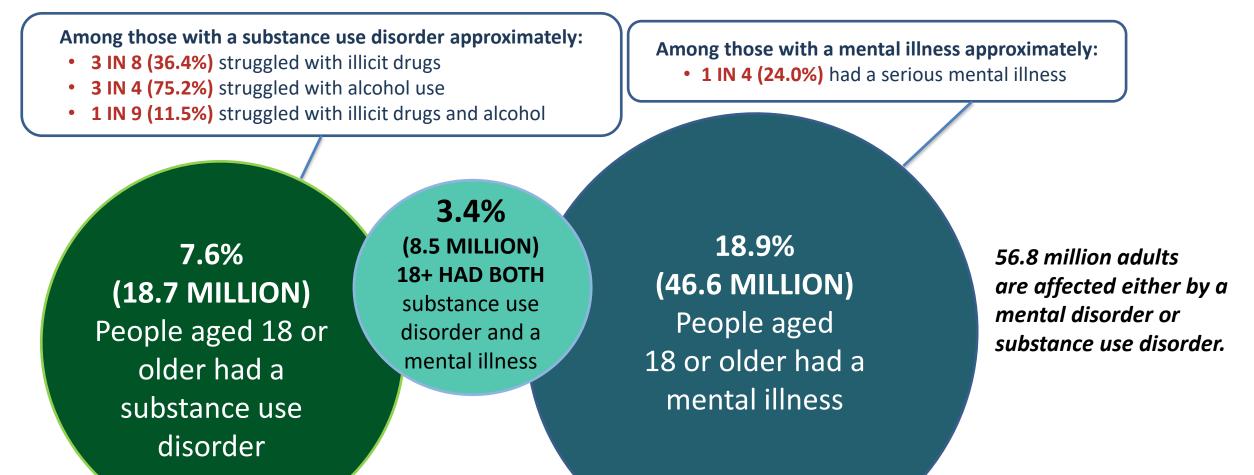
CMHS: Center for Mental Health Services CSAT: Center for Substance Abuse Treatment CSAP: Center for Substance Abuse Prevention CBHSQ: Center for Behavioral Health Statistics & Quality





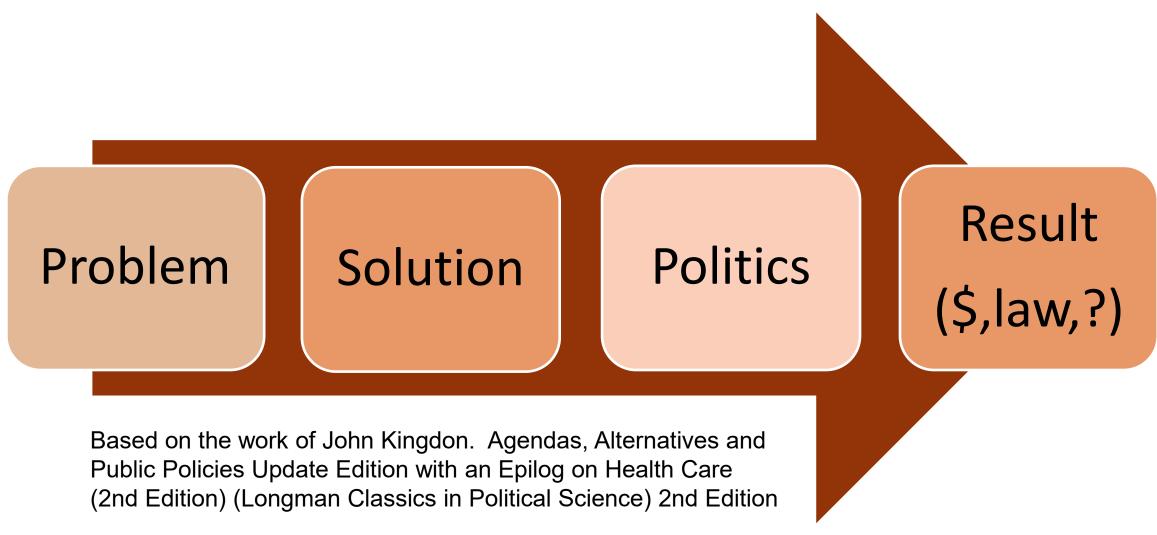
# Mental and Substance Use Disorders in America: NSDUH 2017

PAST YEAR, 2017, 18+





# **Background: Public Policy Stream**





**Five Strategic Priorities** 

- Combating the <u>Opioid Crisis</u> through the Expansion and Prevention, Treatment, and Recovery Support Services
- 2. Addressing <u>Serious Mental Illness</u> and <u>Serious Emotional Disturbance</u>
- Advancing Prevention, Treatment, and Recovery Support Services for <u>Substance</u> <u>Use</u>
- Improving <u>Data Collection</u>, Analysis, Dissemination, and Program and Policy <u>Evaluation</u>
- 5. Strengthening <u>Health Professional</u> <u>Training</u> and Education

Substance Abuse and Mental Health Services Administration

# Strategic Plan FY2019 - FY2023





#### **SAMHSA Resources**

Deborah Y. Rose, M.A. Public Health Advisor, Project Officer Division of State and Community Systems Development Center for Mental Health Services MFP Contracting Officer Representative

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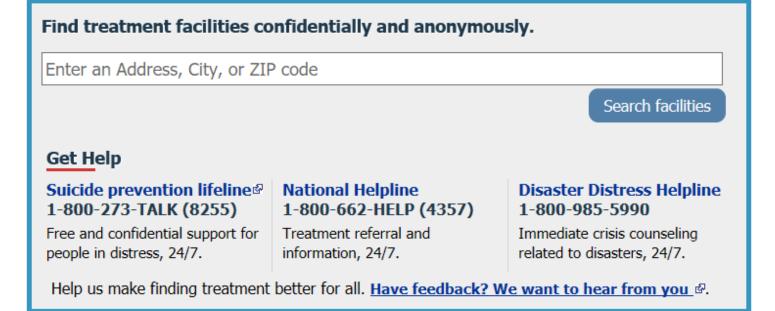


# Key SAMHSA Resources

#### **Behavioral Health Treatment Services Locator**

Welcome to the Behavioral Health Treatment Services Locator, a confidential and anonymous source of information for persons seeking treatment facilities in the United States or U.S. Territories for substance use/addiction and/or mental health problems.

PLEASE NOTE: Your personal information and the search criteria you enter into the Locator is secure and anonymous. SAMHSA does not collect or maintain any information you provide.



SAMHSA: www.samhsa.gov

Treatment Locator: <u>findtreatment.samhsa.gov</u>



#### SAMHSA's Online Resources

- SAMHSA <u>Store</u>
- Mobile Apps
- Publications
- SAMHSA <u>Technology Transfer Centers</u>
- SAMHSA <u>Clinical Support System for Serious Mental Illness</u>





# **SAMHSA Grant Opportunities**

- Block Grant Programs provide funding to states and other jurisdictions to plan, implement, and evaluate activities that prevent and treat substance misuse and mental illness and promote public health.
- Discretionary Grants provide funding to support communitydefined behavioral health needs and community-based programs that serve targeted areas across the United States and other jurisdictions.



# **Funding Announcements**

- Funding announcements are posted <u>online here</u>
- Sign up for SAMHSA email updates at <u>samhsa.gov</u>



Substance Abuse and Mental Health Services Administration

- For questions about a specific grant, contact the individuals listed under Agency Contact in the Funding Opportunity Announcements (FOA).
- For general questions, contact the Division of Grants Management at 240.276.1400.
- For information about serving as a grant reviewer for SAMHSA please visit our website.



## **SAMHSA Internship Program**

The SAMHSA Internship Program introduces students to the important role SAMHSA plays in ensuring a productive life in the community for everyone. Interns gain practical experience through projects, special assignments, or research that support federal, state, and communitybased programs, policies, and best practices in the prevention and treatment of substance abuse and mental illness.

#### For more information please visit:

https://www.samhsa.gov/about-us/jobs-internships/internships



SAMHSA has programs and campaigns that offer information, training, and technical assistance to improve the quality and delivery of behavioral health services across the nation.

http://www.samhsa.gov/programs-campaigns

https://www.samhsa.gov/ebp-resource-center

SAMHSA's Center for Behavioral Health Statistics & Quality is the nation's principal source of behavioral information.



# Background and Historical Overview of the Minority Fellowship Program

Freida Outlaw, Ph.D., RN, FAAN Executive Program Consultant American Nurses Association

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# History of The Minority Fellowship Program

- In 1973 the Center for Minority Health at the National Institute of Mental Health (NIMH) was alarmed by the lack of mental health professionals who could provide culturally competent care to an increasing racial/ethnic and culturally diverse population, with ever expanding needs for mental health services and research.
- This same year, the Center for Minority Mental Health invited the American Sociological Association (ASA) to submit a grant proposal to support doctoral level training of ethnic and racial minority sociologists.
- In 1974, a small training grant was awarded to ASA from the National Institute of Mental Health for the purpose of supporting doctoral education for ethnic/minority researchers and clinicians.



# History of The Minority Fellowship Program (Continued-1)

 1974 - Grants were awarded to four core professional associations









- - American Nurses Association (ANA) •
  - American Psychiatric Association (APsychA) •
  - American Psychological Association (APA) •
  - Council on Social Work Education (CSWE) lacksquare



# History of The Minority Fellowship Program (Continued-2)



1992 - The MFP was transferred to the newly formed Substance Abuse and Mental Health Services Administration (SAMHSA)



2007 - The American Association of Marriage and Family Therapy (AAMFT)



2012 - The National Board for Certified Counselors (NBCC)



2014 – The Association for Addiction Professionals (NAADAC)



# History of The Minority Fellowship Program (Continued-3)

- 2014 The previously titled NITT-Minority Fellowship Program was expanded to prepare the core disciplines with the expertise to provide behavioral health services to underserved minority youth, adolescents, and transitional-aged youth (MFP-Youth) and increase the number of available master's level addiction counselors (MFP-AC).
- 2018 MFP Master's programs expanded their focus to recruit masters level fellows who are seeking to work with additional underserved minority populations. The MFP Master's level programs are no longer limited to individuals seeking to work with youth populations.



# History of The Minority Fellowship Program (Continued-4)

2020 – The Interdisciplinary Minority Fellowship Program (IMFP) was awarded to the American Psychological Association (APA). The purpose of the fellowship is to increase the knowledge of mental health professionals on issues related to prevention, treatment, and recovery support for individuals who are from racial and ethnic minority populations and have a mental or co-occurring mental and substance use disorders. The IMFP is a partnership with five other disciplines, the American Association of Marriage and Family Therapy (AAMFT), the American Nurses Association (ANA), the Council on Social Work Education (CSWE), the National Board for Certified Counselors (NBCC), and the Association for Addiction Professionals (NAADAC).



#### **MFP Fellow Reflections**

Debbie Manigat, Doctoral Fellow American Association of Marriage & Family Therapy and Emily Wu, M.D., Doctoral Alumna American Psychiatric Association

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# **MFP Fellow Reflections (Debbie Manigat)**



Debbie Manigat, M.S.

- American Association of Marriage & Family Therapy Doctoral Fellow (2019-2021)
- Marriage and Family Therapy Program, Nova Southeastern University



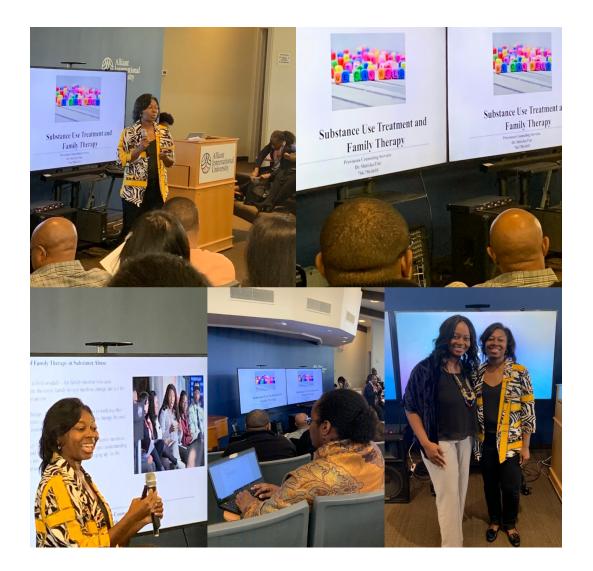
### AAMFT MFP 2019-2020 Experience







# Substance Abuse Treatment & Family Therapy







#### **AAMFT MFP:** Nature + Nurture = Relationships





# **AAMFT MFP: Community Service & Leadership**





## **MFP Alumna Reflections**



#### Emily Wu, M.D.

- American Psychiatric Association Alumna (2017-2019)
- Child and Adolescent Psychiatrist, Menninger Clinic
- Assistant Professor, Department of Psychiatry, Baylor College of Medicine



#### **APA SAMHSA MFP 2017-2019**





# Public Health Advocacy

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	BRUCE SCHWARTZ, M.D. President-Elect	
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	JENNY BOYER, M.D., PH.D., J.D. Area 5 Trustee	
FELLOWS	EMILY WU, M.D.	
T LLOWS	APA/APAF/SAMHSA/Diversity Lead ADRIAN JACQUES AMBROSE, M.D	
	APA/APAF Leadership Fellow JOHN CHAVES, M.D.	
	APA/APAF Leadership Fellow	





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# Mentorship









#### **Research Collaboration**



SAAMHSA Substance Abuse and Mental Health Services Administration

# Networking





# Minority Fellowship Program Objectives and SAMHSA Expectations

Deborah Y. Rose, M.A. Public Health Advisor, Project Officer Division of State and Community Systems Development Center for Mental Health Services MFP Contracting Officer Representative

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The purpose of the Minority Fellowship Program (MFP) is to reduce health disparities and improve healthcare outcomes of racially and ethnically diverse populations by increasing the number of culturally competent behavioral health professionals available to underserved populations in the public and private nonprofit sectors.

For more information, visit <a href="http://www.samhsa.gov/minorityfellowship/">http://www.samhsa.gov/minorityfellowship/</a>



# **MFP Goals and Objectives**

- Increase the number of trained professionals.
- Reduce behavioral health disparities.
- Improve outcomes for ethnic minorities.
- Provide financial support for MFP Fellows.
- Provide access to cutting-edge training opportunities.
- Provide resources to MFP Fellows.
- Collect program data to validate the MFP.



### SAMHSA's Expectation of MFP Fellows

- Work to improve behavioral health conditions of ethnic and racial minorities;
- Assist SAMHSA in maintaining program funding;
- Strengthen your professional foundation;
- Give back;
- Help SAMHSA promote the Minority Fellowship Program;
- Participate in the MFP community of learning; and
- Complete <u>All</u> Minority Fellowship Program Surveys



## Overview of Minority Fellowship Program Coordinating Center (MFPCC)

Kelly Wagner Project Director MFP Coordinating Center The MayaTech Corporation

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MayaTech's MFPCC Team provides program support and technical assistance (TA) to the MFP organizations and facilitates training and career enhancement activities for the MFP Fellows.

- Mission: to strengthen communications across the program, improve MFP operations, assess effects of the MFP, and increase cultural competence of behavioral health workforce in underserved communities.
- Over 35 years of experience providing training and TA around behavioral health, health disparities, and cultural competence.



Goal: Identify, disseminate, and encourage adoption of promising, best, and evidence-based practices that support resilience and emotional health of underserved minority communities through

- Monthly teleconferences
- Information dissemination through Listserv
- Webinars
- Quarterly MFP Newsletter
- MFP Website Resource Library, Fellow Directory
- Direct technical assistance to grantee organizations



### **MFPCC Training and Technical Assistance Staff**

- Kelly Wagner, Project Director
- Ina Ramos, Senior Technical Assistance Lead
- Gretchen Vaughn, Sr. Behavioral Health Specialist
- Asya Louis, MFP TA Specialist
- Imani Thompson, MFP TA Assistant
- Angelle Tolliver, Web & IT Support Lead



## Minority Fellowship Program Technical Assistance and Training Resources

Ina A Ramos, Ph.D. Senior T/TA Lead MFP Coordinating Center The MayaTech Corporation

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### **Fellow of the Month Profile**





#### Home Newsroom Site Map Contact Us

SAMHSA Home | MFP Coordinating Center | Resources | Applying for a Fellowship | Contact Us | Login

#### Fellow of the Month

#### Welcome to the MFPCC's Fellow of the Month

The Fellow of the Month series profiles individual MFP Fellows, nominated by the seven MFP Grantee organizations or other MFP-related professionals, and shines a light on their backgrounds, goals, and accomplishments.

#### 2020

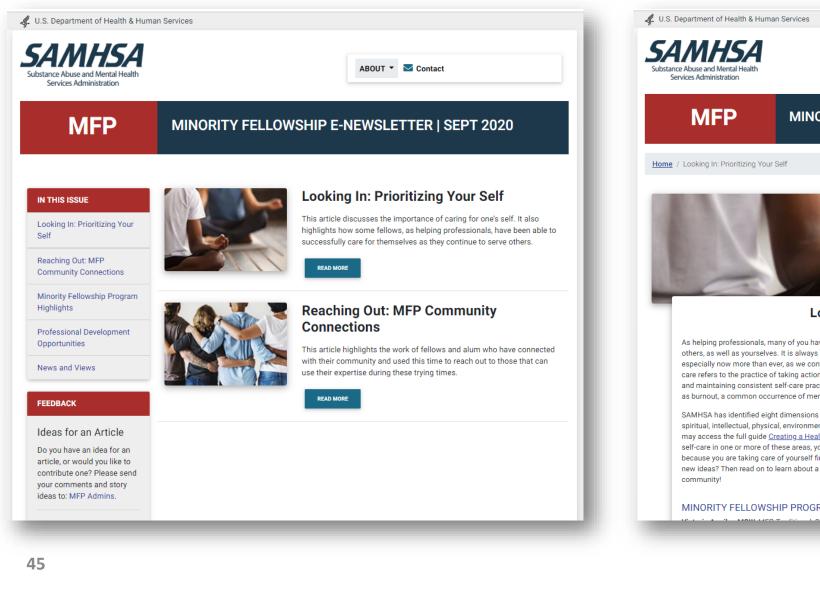


**SAMHSA** Substance Abuse and Mental Health Services Administration

- Published four times a year
  - March, June, September, and December
  - Access old editions at: <u>https://mfpcc.samhsa.gov/Search.aspx?Filter=Enews</u>
- Articles on:
  - Substance Abuse and Mental Health (2)
  - MFP Highlights
  - Professional Development
  - News and Views



### MFP E-Newsletter (2)



ABOUT 🝷 🔽 Contact **MINORITY FELLOWSHIP E-NEWSLETTER | SEPT 2020** 



#### Looking In: Prioritizing Your Self

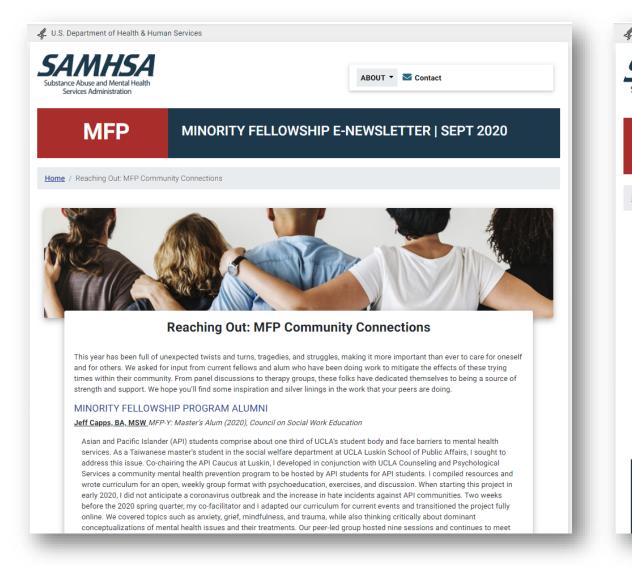
As helping professionals, many of you have likely been scrambling to figure out how to best care for others, as well as yourselves. It is always important to take time to take care of yourself, but especially now more than ever, as we continue to forge ahead through these uncertain times. Selfcare refers to the practice of taking action to preserve and improve one's own health. Establishing and maintaining consistent self-care practices are vital to preventing negative health effects such as burnout, a common occurrence of mental health professionals.

SAMHSA has identified eight dimensions of wellness that impact optimal health: emotional, spiritual, intellectual, physical, environmental, financial, occupational, and social. To learn more, you may access the full guide Creating a Healthier Life: A Step-by-Step Guide to Wellness. By prioritizing self-care in one or more of these areas, you can ensure you are providing the best care possible EIGHT DIMENSIONS OF WELLNESS\* because you are taking care of yourself first. Are you practicing self-care? Need some inspiration or new ideas? Then read on to learn about a few of the self-care practices utilized by the MFP

#### MINORITY FELLOWSHIP PROGRAM FELLOWS



### MFP E-Newsletter (3)



#### 

#### Home / MFP Highlights

#### MFP Highlights

#### APA Alumni Fellow Uraina Clark Publishes Co-Authored Commentary.

APA alumna, Urania Clark, recently co-authored a commentary entitled, "<u>Addressing racism and disparities in</u> <u>the biomedical sciences</u>," published in the journal, Nature Human Behavior with Dr. Yasmin Hurd. In this comment, she advocates for anti-racism approaches to achieve a more effective biomedical community.

#### ANA Alumni Fellow Kalisha Bonds Publishes Final Manuscript; Named New ESPO Vice Chair-Elect for the Gerontological Society of America.

ANA alumna, Kalisha Bonds, has published the third and final manuscript of her dissertation in The Gerontologist. The manuscript is entitled "<u>Patterns of Dyadic Appraisal of Decision-Making Involvement of</u> <u>African American Persons Living with Dementia</u>." Kalisha was also named the Emerging Scholar and Professional Organization (ESPO) Vice Chair-Elect for the Gerontological Society of America.

SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.

SAMHSA Substance Abuse and Mental Health Services Administration

5600 Fishers Ln, Rockville, MD 20857 1-877-SAMHSA-7 (1-877-726-4727)



### MFP E-Newsletter (4)

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Abuse and Mental Health kes Administration	ABOUT 👻 Contact	SAMHSA Substance Abuse and Mental Health Services Administration	ABOUT - Contact
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fessional Development Opportunities			
		Home / News and Views	
Professional Development Opportunitie	5		
Ethics 2.0: When Clinical Goes Digital Webinar		News and Vie	ws
September 25, 2020		NIH Project Home	es in on COVID Racial Disparities
Let's face it—the digital age is here to stay, and it has ushered in a complete paradigm shift in what it means to provide quality, ethical mental health treatment. Your current clients, and potential new ones, are accustomed to being able to receive every imaginable service using technology as the format. It only stands to reason that they are seeking, and even expecting, the type of services you provide to be available in the same fashion.			portionate impact of COVID-19 on Black and Hispanic Americans is no secret, federal officials udies of the disparity that they hope will better prepare the country for the next great epidemic.
Whether you are already in the digital space, or you realize that you want and even need to be, the ethical considerations are unique, complex, and exciting all at the same time. <u>Learn more about the webinar</u> .		In Hard-Hit Areas	, COVID's Ripple Effects Strain Mental Health Care Systems
The National Council's Addressing Health Disparities Leadership Program Applications for the 2021 cohort open November 2020.		coronavirus, beha	health services have continued largely uninterrupted in areas with low levels of the avioral health care workers in areas hit hard by COVID-19 have been overburdened. At the le battling mental health disorders have become more stressed and anxious.
	ities Leadership Program supports mid-level managers to e health equity within their organization and across their		
and communities.	ners' skills to advance health equity within their organizations orts that advance health equity within a broader context of ustice.	communities.	e impact of substance abuse and mental illness on America's
	d to lead and sustain efforts to eliminate health disparities	5600 Fishers Ln, Rockville, MD 208 1-877-SAMHSA-7 (1-877-726-4727	- Services Authinistication



### **2021 Webinar Discussion Forums**

### Held between February - July 2021 (Wednesday 2-3:30pm Eastern)

- Expert facilitators will provide brief overview slides
- Current and recent Alumni Fellows will be invited to participate as webinar presenters

#### **2020 Archived Webinars**

- Culturally Responsive Substance Use Disorder Treatment
- Understanding Deaths of Despair
- Discussing Culture using Experiences in the Training Relationship
- Self-Care
- Assessing and Addressing Implicit Bias
- Utilizing Telebehavioral Health

#### **2019 Archived Webinars**

- Behavioral Health Disparities Parts 1 & 2 Examining Cultural Competency in Behavioral Health - Parts 1 & 2
- Co-Occurring Mental and Substance Use Disorders
- Suicide Prevention Spotlight



### 2020-2021 MFPCC Webinar Registration

- Webinar notices will be emailed via the MFPCC Listserv
- Brief post webinar online feedback surveys
- Questions or inquiries may be addressed to the Minority Fellowship Program Coordinating Center <u>MFPCC@mayatech.com</u>
- Archived webinars will be available for download on the MFPCC Website after the presentation dates <u>https://mfpcc.samhsa.gov/Search.aspx?Filter=Webinar</u>

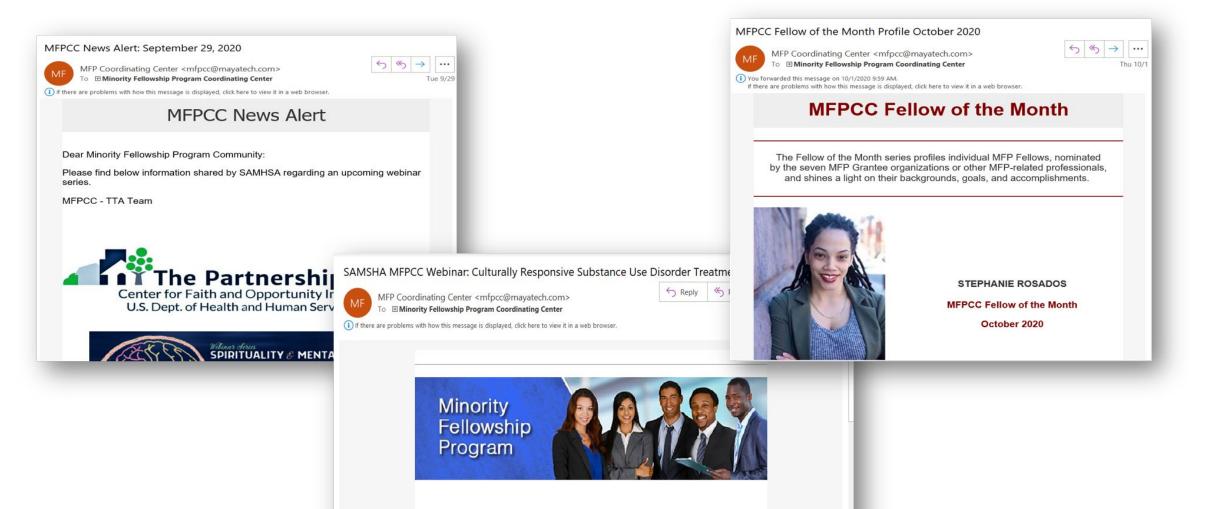


#### Listserv messages

- Every one to two weeks
- Topics include:
  - Substance Abuse and Mental Health (2)
  - Professional Development
  - News and Views
- Notifications include:
  - Fellow of the Month
  - Availability of Webinar Materials
  - Solicitation for E-Newsletter input



### **MFPCC Listserv (cont)**



Dear Minority Fellowship Program Grantees:

Thank you to those of you who participated in the SAMHSA Minority Fellowship Program: Culturally Responsive Substance Use Disorder Treatment Webinar held on Wednesday, August 26, 2020.

### Minority Fellowship Program Coordinating Center Website

Angelle Tolliver Web and IT Lead MFP Coordinating Center The MayaTech Corporation

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### **MFPCC Splash Page**



The MFP aims to improve behavioral health care outcomes for racial and ethnic populations by growing the number of racial and ethnic minorities in the nation's behavioral health <u>workforce</u>. The program also seeks to train and better prepare behavioral health practitioners to more effectively treat and serve people of different cultural and ethnic backgrounds.

Learn more about the MFP.

Last Updated: 06/15/2020



### MFPCC Login Webpage



#### Minority Fellowship Program Coordinating Center

#### Login

Access to portions of the MFP Coordinating Center are currently restricted to MFP fellows, alumni, and program administrators. Please use the credentials that you were provided in order to access the site or return to the **public homepage**.

#### Email address: mfpccuser@mayatech.o

mrpccuser@mayatecn.c

Password:

\*\*\*\*\*\*\*\*\*



Having trouble logging in? Need an access code?



This warning banner provides privacy and security notices consistent with applicable federal laws, directives, and other federal guidance for accessing this Government system, which includes all devices/storage media attached to this system.

https://mfpcc.samhsa.gov/default.aspx

This system is provided for Government-authorized use only.

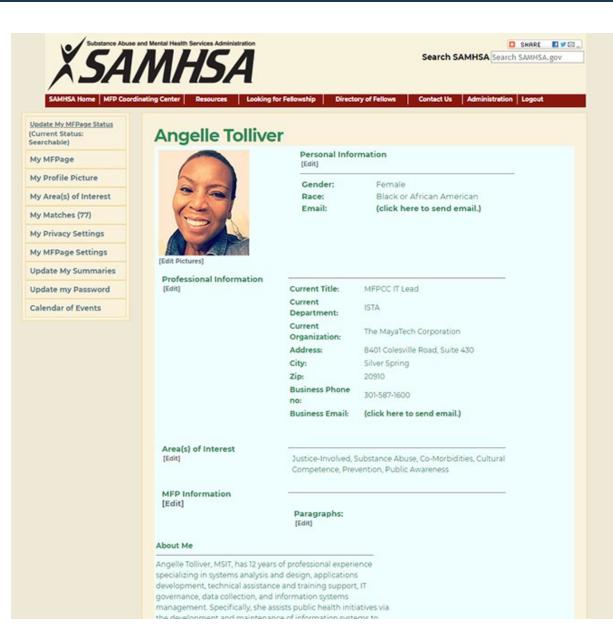








### MFPCC – My MFPage





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### **MFPCC Directory of Fellows**

SAMHSA Home MFP Coordinating Center Resources Applying for a Fellowship	Directory of Fellows	Contact Us Administration Logout
lect one or more search options or Browse All		
Search by first name		
Search by last name		
Search by discipline		
Search by university		
Search by state		
Search		



## Email: mfpcc@mayatech.com

## Website: mfpcc.samhsa.gov



# SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.

If you have questions or need additional information about this or other webinars Contact the Minority Fellowship Program Coordinating Center: <u>MFPCC@mayatech.com</u>

> <u>www.samhsa.gov</u> 1-877-SAMHSA-7 (1-877-726-4727) 1-800-487-4889 (TDD)

